

**Church of Christ at New Boston**

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**Deacons:**

DeWayne Hardage  
Billy Johnson  
Mike Raney  
Jamey Thomas  
Jody Thomas

**Elders:**

Ernest Shelton ..... 903/628-2201  
Johnny Thomas..... 903/628-1292  
Russell Tyndell..... 903/733-1137

**Minister:**

Kevin Cauley.....Local Cell # 430/200-7870

**Office:** ..... 903/628-2891

Mon. - Fri..... 8:00 AM - 12:00 PM

Secretary: Wilma Alexander

**SCHEDULE OF SERVICES:**

**SUNDAY:**

Bible Classes.....9:30 AM  
AM Worship .....10:25 AM  
PM Worship .....6:00 PM

**WEDNESDAY:**

Bible Classes.....7:00 PM

Second Class  
Postage PAID  
at  
New Boston,  
Texas  
75570

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**BIBLE LESSON TEXT**

Sun. June 12----**Paul's Friends**  
Acts 18



Wed. June 15----**Paul in Ephesus**  
Acts 19

**OUR FAITH IN ACTION**  
**SUNDAY, June 5, 2016**

Bible Class.....	49
AM Worship.....	88
PM Worship.....	71
Contribution.....	\$2,770.02
Average to Date.....	\$3,006.17
Budget to Date.....	\$3,243.00
<b>Wednesday, June 1.....</b>	<b>92</b>

**God's Salvation Plan**

**HEAR** the Gospel – Romans 10:17  
**BELIEVE** on the Lord & His Word – Mark 16:16;  
John 8:24  
**REPENT** of our sins – Luke 13:3,5; Acts 17:30  
**CONFESS** Christ – Matthew 10:32; Luke 12:8;  
Romans 10:9  
**BE BAPTIZED** for the remission of sins – Acts 2:38;  
Mark 16:16; Galatians 3:27; 1 Peter 3:21  
**LIVE** a faithful, dedicated life – Revelation 2:10;  
2 Peter:5-10

# Happenings in God's Family

Vol. 45 No. 23

JUNE 12, 2016

## Seven Beliefs for Mental Wellness (Part 2)

The crux of the book of Philippians in this regard is found in chapter four. It is in this chapter that Paul discusses the action one can take to bring one's self into the peace of God. First, they were to "rejoice in the Lord always" (4:4). The "Lord" here is Jesus. He is the Christian's identity, and it is in Him that he places his absolute faith. The sacrifice of Jesus for our sins defines our worth and proves that nothing is so important in this life as to be a cause for anxiety and depression. This means the Christian has everything for which to be thankful and nothing for which to be ungrateful leading to a perpetual spirit of joy in the presence of the Lord. Value and identity are indispensable principles of psychology. The Christian has his value and identity in Jesus, and that is everything! For this reason, he can rejoice!

Second, Paul says, "Let your moderation be known unto all men" (4:5). The Christian is not to be caught up in the extremes of the world. There is on the one hand the extreme of debauchery in all its forms and practices, and it was prevalent in the Philippian's society as well as ours today. On the other hand, there is the extreme of asceticism. This is the concept that one must cut himself off from everyone and everything that gives any bodily pleasure. Both of these are extreme choices. The Christian must exercise moderation in living a life that includes interaction with society, but does not participate in its sinfulness. Balance is certain one of the fundamental principles of psychology and it is clearly stated in God's word.

God Bless you and I love you.

Kevin Cauley



## JUNE 12, 2016 SERVANTS

### AM PRAYERS

Blake Tyndell  
Scott Hobson

### PM PRAYERS

Weaver Mills  
James Williams

Announcements: Ernest Shelton

LORD'S TABLE: Mike Raney; Jody Thomas; Thomas McGee; Jim Scarbrough

Sunday PM Communion: Mike Raney

VISITOR CARDS: Sawyer Hobson

NURSERY: Marie Howard

## JUNE 19, 2016 SERVANTS

### AM PRAYERS

Johnny Thomas  
Larry Stinson

### PM PRAYERS

Russell Tyndell  
Mike Raney

Announcements: Ernest Shelton

LORD'S TABLE: Mike Raney; Jody Thomas; Thomas McGee; Jim Scarbrough

Sunday PM Communion: Mike Raney

VISITORS CARDS: Sawyer Hobson

NURSERY : Janice Love

*If you are unable to serve, please call  
Billy Johnson @ 903.628.5827*



## Remember in Prayer

Jean Jones; Alan Wright (son of Renee' Wright); Martha Downs (Bobby Higginbotham sister); Ricky Champion; Paul Curbow; Peyton Richardson (granddaughter of Janiece Richardson); Bob Bateman; Norman Hooten had surgery on Monday and now is at home.

Remember also our shut-in's: Keith & Helen Clark, Phil Williams, Faye Anderson, & J.D. & Thelma Johnson.

Keith Clark is in the St. Michael's Rehab Rm#148 and his phone number is 903-614-4148.



*"Happy Birthday"* to Janie Boswell on 6/12; Karen Raney and Juanita Smith on 6/15. *"Happy Anniversary"* to Mr. & Mrs. Charles Howard on 6/17.



New phone number for Janie Boswell. 903-255-0157.

## Calendar of Events

**June 2-15**----Kevin Cauley on vacation.

**June 12**----Potluck Luncheon and Farewell for Paulette Taylor

**June 13**----Summer Youth Series @ Blossom

**June 14**----Ladies Night Out

**June 19**----Father's Day

**June 20**----Hosting Summer Youth Series @ New Boston Church of Christ

## Glorify God in Your Body

The phrases abound. "you are what you eat". "Garbage in, garbage out." These and others describe the fact that we are products of what we take in around us.

This is true physically. When you eat the easy junk that comes in packages it has been cooked or fried in ways that take away the good and make it bad. These things are closer to poison or contamination than they are things that sustain and give us health. So it is true, if you take in junk you shouldn't be surprised when your body becomes a product of the junk. Even good food can become bad when it is overeaten. Although, you can eat a LOT more of the good stuff than the bad stuff before this happens.

This is true spiritually. "Bad company corrupts good morals," is a Biblical axiom. It means that if you take in the moral poison of others that you will become affected and infected by it. If you aren't careful it can so invade the soul that it will cause you to lose your immortal soul.

Whether it comes to the quality of the food you eat, the diligence of the actions you take to keep yourself fit or any other decision you make relative to your health and wellness it all comes down to one thing. Am I glorifying God and becoming the best person I can become to speak to God's reputation or am I not?

The apostle Paul had some telling things to say about our health and how it pertains to spiritually. He knew as many of us need to learn that giving ourselves over to ANYTHING, food or other wise is sinful and takes away from the examples we should be offering others about having God in our lives.

**1 Cor.6:19-20(19)** *Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? (20) For you have been bought with a price: therefore glorify God in your body.*

I've personally been working toward making better decisions for many reason. But none of the other reasons matter worth a hill of beans if God isn't at the top of that list. Let's us all put God at the top of our list!  
John Fields

Dear Church Family, Thank you so much for every expression of love and caring extending to our family. It lifted us up and helped us through a difficult time. It's so comforting to know your brother & sisters in Christ care for you as you so beautifully showed by your actions. I'm so honored to be a part of you. Please continue to keep me in your prayers as I adjust to the days ahead. Thanks again. In Christian Love,  
Glenda May & Family.